

# Additional Mental Health Support Resources:

## Local Community Services Boards (CSBs):

“...are the primary point of entry into the Commonwealth's public behavioral health and developmental services system.”

CSBs provide treatment for mental health issues, substance use and addiction, and intellectual and developmental disabilities.

There is a CSB that serves every county and city in the Commonwealth of Virginia.

<u>Locality</u>	<u>Website</u>
Richmond Behavioral Health Authority (RBHA)	<a href="http://rbha.org/">http://rbha.org/</a>
Henrico Area Mental Health & Developmental Services (HAMHDS)	<a href="https://henrico.us/mhds/">https://henrico.us/mhds/</a>
Chesterfield County - Health & Well-Being - Mental Health	<a href="https://www.chesterfield.gov/1670/Mental-Health">https://www.chesterfield.gov/1670/Mental-Health</a>
Goochland-Powhatan Community Services	<a href="http://www.gpcsb.org/">http://www.gpcsb.org/</a>
Hanover County CSB	<a href="https://www.hanovercounty.gov/358/Community-Services-Board">https://www.hanovercounty.gov/358/Community-Services-Board</a>

## Other Local Resources:

<u>Organization</u>	<u>Website</u>
Hospital Corporation of America (HCA, Inc.) Behavioral Health and Mental Health Services	<a href="https://hcavirginia.com/service/behavioral-health">https://hcavirginia.com/service/behavioral-health</a>
Daily Planet	<a href="https://dailyplanetva.org/behavioral-health/">https://dailyplanetva.org/behavioral-health/</a>
Health Brigade	<a href="http://www.healthbrigade.org/patients-and-clients/mental-health-and-wellness/">http://www.healthbrigade.org/patients-and-clients/mental-health-and-wellness/</a>

*Virginia Commonwealth Resources:*

<u>Agency</u>	<u>Website</u>
Application for Virginia Medicaid	<a href="https://www.coverva.org/">https://www.coverva.org/</a>
Virginia Department of Behavioral Health & Development Services (DBHDS)	<a href="http://dbhds.virginia.gov/">http://dbhds.virginia.gov/</a>
Virginia Department of Medical Assistance Services (DMAS)	<a href="http://www.dmas.virginia.gov/">http://www.dmas.virginia.gov/</a>
Virginia Health Care Foundation (VHCF)	<a href="https://www.vhcf.org/">https://www.vhcf.org/</a>

*National Resources:*

<u>Agency</u>	<u>Website</u>
National Institute of Mental Health (NIMH)	<a href="https://www.nimh.nih.gov/index.shtml">https://www.nimh.nih.gov/index.shtml</a>
Substance Abuse & Mental Health Services Administration (SAMHSA)	<a href="https://www.samhsa.gov/">https://www.samhsa.gov/</a>

*Advocacy & Support Groups:*

<u>Agency</u>	<u>Website</u>
Mental Health America (MHA)	<a href="http://www.mentalhealthamerica.net/">http://www.mentalhealthamerica.net/</a>
National Alliance on Mental Illness (NAMI)	<a href="https://www.nami.org/">https://www.nami.org/</a>
Depression & Bipolar Support Alliance (DBSA)	<a href="https://www.dbsalliance.org">https://www.dbsalliance.org</a>
National Suicide Prevention Lifeline	<a href="https://suicidepreventionlifeline.org/">https://suicidepreventionlifeline.org/</a>