



**Carol Adams,**  
founder of the  
Carol Adams Foundation.

*The mission of the Carol Adams Foundation is to provide emergency assistance to women and children who are victims of domestic violence. Through the foundation, women and children have a temporary safety net which enable them to live violence-free and have the opportunity to become self-sufficient.*

Carol Adams was born July 10, 1963 in Emporia, Virginia and attended Maggie L. Walker High School. She earned a Bachelor's degree from the University of Richmond in Human Resource Management. Carol is the mother of three daughters and one son. She also has two grandsons and four granddaughters.

Carol's mother Orine Adams was murdered by her husband after twelve years of escalating violence in their home. At age 17, Carol was left as an orphan to care for herself and younger sister due to the loss of both parents.

Carol Adams has spent 27 years working in Public Safety to assist and protect victims of domestic violence. The Carol Adams Foundation was established in 2014 to provide emergency transportation, housing, food, financial and clothing assistance for victims in crisis.

The Carol Adams Foundation currently has a transitional home where one single family can live free for up to three years and a Safe House for individuals with death threats and desperate placement needs.

The Carol Adams Foundation also provides travel assistance by way of bus or train for individuals seeking the opportunity to leave their current situation. The Foundation also provides Mom Support Classes and Summer Camps for children affected by domestic violence within their families.

Through the **Struttin' 4 DV Fashion Shows** the Carol Adams Foundation creates awareness and educates to the community about Domestic Violence (DV). These events empower women, men and children while affording them the opportunity to compete for scholarships.

The Carol Adams Foundation provides all services at no cost.

**Carol Adams received the following honors in 2017:**

- Richmond Times Dispatch Person of the Year Honoree
- Boomer Magazine: 2017 Mover & Shaker
- Omega Psi Phi Fraternity, Inc Upsilon Nu Chapter Citizen of the Year
- Sixth Mount Zion Baptist Church John Jasper Award
- VCU L.D. Wilder School of Government Public Affairs EVGA Community Enhancement Award
- National Coalition of 100 Black Women, Inc. Phenomenal Woman Award
- TedRVA Women Talk
- Domestic Violence Conversation at the White House